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| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| EYFS | Body Management | Gymnastics | Manipulation and Co-Ordination | Dance | Cooperate and Solve Problems | Speed and Agility Travel |
| 1 | Attack, Defend and Shoot | Gymnastics | Send and Return | Hit, Catch and Run | OAA | Run, Jump and Throw |
| 2 | Attack, Defend and Shoot | Gymnastics | Send and Return | Hit, Catch and Run | orienteering runner Icon 206319OAA | Run, Jump and Throw |
| 3 | Cricket | Dance | Handball | Tennis | Basketball | Athletics |
| 4 | Cricket | Dance | Handball | Tennis | Basketball | Athletics |
| 5 | Rounders | Gymnastics | Netball | Badminton  badminton Icon 1359305 | Football | Athletics |
| 6 | Rounders | Gymnastics | netball skills Icon 5220806Netball | Badminton | Football | Athletics |